

My Study Schedule for 2nd Semester

Time/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 LT - 10:30	Break & snack	Break & snack	Break & snack	Break & snack	Break & snack	Break & snack	English Revision
10:30 - 11:30	English	Biology	Chemistry	Aptitude	English	Biology	Physics Revision
11:30 - 12:30	Maths	Physics	Maths	Physics	Maths	Physics	Biology Revision
12:30 - 1:30	Aptitude	English	Physics	Maths	Biology	Chemistry	Maths Revision
1:30 - 2:30	Short break & dinner	Short break & dinner	Short break & dinner	Short break & dinner	Short break & dinner	Short break & dinner	Short break & dinner
2:30 - 3:30	Chemistry	Aptitude	English	Biology	Chemistry	Aptitude	Chemistry Revision

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My To Do Lists

Maths:

1. Practice solving math problems daily.
2. Review class notes and textbook material regularly.
3. Seek help from teachers or classmates when struggling with a concept.
4. Complete all homework assignments on time.
5. Use online resources for additional practice and learning.

Physics:

1. Conduct experiments to understand concepts practically.
2. Create flashcards for key formulas and definitions.
3. Watch educational videos to supplement classroom learning.
4. Participate actively in class discussions and ask questions.
5. Form study groups with peers to review material together.

Chemistry:

1. Create a study schedule and stick to it.
2. Practice balancing chemical equations regularly.
3. Review periodic table trends and properties.
4. Work on understanding the concepts rather than memorizing.

5. Watch YouTube videos to visualize chemical reactions.

Biology:

1. Create mind maps or diagrams to understand complex processes.
2. Review class notes after each lecture.
3. Utilize flashcards for memorizing biological terms and definitions.
4. Form study groups to discuss and quiz each other on topics.
5. Watch science related videos to enhance understanding.

English:

1. Read literature outside of the assigned readings.
2. Practice writing essays and analyzing texts.
3. Expand vocabulary by learning new words daily.
4. Seek feedback on writing assignments from teachers or peers.
5. Participate in class discussions and debates to improve communication skills.

History:

1. Create timelines of historical events to visualize connections.
2. Take detailed notes during lectures and readings.
3. Discuss historical topics with classmates to deepen understanding.

5. Watch documentaries to enhance learning.

Geography:

1. Study maps and practice locating countries, cities, and physical features.
2. Understand the impact of geography on human societies and environments.
3. Create study guides with key terms and concepts.
4. Watch geographic documentaries or virtual tours for visual learning.
5. Engage in discussions about current events related to geography.

Economics:

1. Understand basic economic principles and theories.
2. Analyze economic data and graphs to interpret trends.
3. Practice solving economic problems and case studies.
4. Stay updated on current economic news and events.
5. Discuss economic concepts with classmates to deepen understanding.

Note: You can customize these detailed to do lists further based on the specific curriculum and requirements of each subject and grade level. You should prioritize tasks based on your strengths and weaknesses in each subject to achieve your desired goals in each quarter.

My Morning and Night Routines

Morning Routine for High school Students:

1. **Wake up early:** Start your day by waking up early to have enough time for a productive morning routine.
2. **Exercise:** Engage in physical activity to boost your energy levels and improve focus.
3. **Healthy Breakfast:** Eat a healthy breakfast to fuel your brain and body for the day ahead.
4. **Review Daily Goals:** Take a few minutes to review your goals for the day and prioritize tasks.
5. **Subject-Specific Study Time:** Allocate specific time slots for each subject you want to focus on that day.
6. **Review Previous Day's Work:** Quickly review what you learned the previous day to reinforce concepts.
7. **Plan Study Breaks:** Schedule short breaks between study sessions to avoid burnout.
8. **Visualization:** Visualize success in your upcoming exams and university entrance tests to stay motivated.
9. **Positive Affirmations:** Repeat positive affirmations to boost confidence and maintain a positive mindset.
10. **Pack Your Bag:** Ensure you have all necessary materials, textbooks, and notes packed before leaving for school.

Night Routine for High school Students:

- 1. Set Goals for Tomorrow:** Write down your goals for the next day to have a clear direction.
- 2. Reflect on the Day:** Reflect on your achievements and areas for improvement during the day.
- 3. Organize Study Materials:** Organize your study materials, notes, and textbooks for the next day's subjects.
- 4. Plan Study Schedule:** Plan your study schedule for the following day, allocating time for each subject.
- 5. Relaxation Time:** Engage in relaxing activities such as reading, listening to music, or meditating to unwind.
- 6. Avoid Screens:** Limit screen time before bed to ensure a restful night's sleep.
- 7. Review Key Concepts:** Quickly review key concepts from the day's study sessions to reinforce learning.
- 8. Prepare for the Next Day:** Lay out your clothes, pack your bag, and prepare any necessary items for the next day.
- 9. Gratitude Journaling:** Write down three things you are grateful for to end the day on a positive note.
- 10. Bedtime Routine:** Establish a consistent bedtime routine to ensure you get enough rest for the next day.

By following these morning and night routines, you can enhance your focus, productivity, and overall academic performance to achieve your desired goals in each quarter and excel in university entrance exams.